

Gym or Home?

We'll keep you active either way.

11,500+ STANDARD FITNESS CENTERS
for just \$25 a month

and/or

4,500+ PREMIUM EXERCISE STUDIOS
with 20% - 70% discounts on most

PLUS

6,500+ DIGITAL WORKOUT VIDEOS

ENROLL YOUR SPOUSE**

LIFESTYLE COACHING

NO LONG-TERM CONTRACTS

STANDARD FITNESS MEMBERSHIP

\$25/mo*

11,500+ FITNESS CENTERS
6,500+ WORKOUT VIDEOS

Active&Fit[®]
DIRECT

TM

Learn More: Register or log in at www.healthnetoregon.com to access the Active&Fit Direct™ website.

11,500+ Standard Fitness Centers, including:



4,500+ Premium Exercise Studios, including:



*Plus an enrollment fee and applicable taxes. Fees will vary based on fitness center selection.

**Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees will vary based on fitness center selection.

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Chinese (Traditional)

注意：如果您說中文或粵語，您可獲得免費語言協助服務。請致電 1-888-802-7001 (TTY: 711)。

Spanish

ATENCIÓN: Si habla Español, tiene servicios de asistencia de idiomas sin costo disponibles para usted. Llame al 1-888-802-7001 (TTY: 711).