

Health Net Health Plan of Oregon, Inc. (Health Net)

National PPO Network

As an employer group member, you can have peace of mind knowing that you are covered anytime, anywhere with Health Net's national PPO network.

The First Health Network

Health Net has an arrangement with First Health, a national network of doctors and hospitals throughout the U.S. This arrangement allows you as a Health Net PPO member to receive health care services at a contracted rate whether you reside or travel out of Oregon and Washington.

Choose a First Health provider

To ensure you get in-network benefits when visiting a provider for regular services¹ **outside** of Oregon and Washington, ask the provider if he or she participates in the First Health Network.

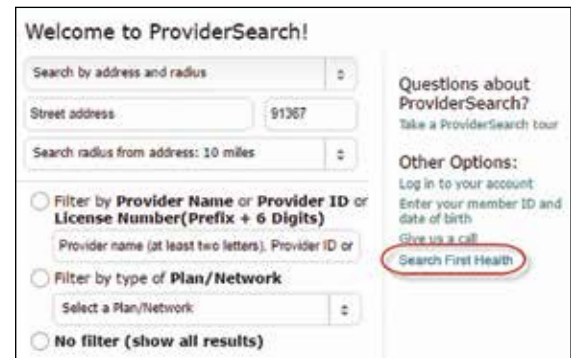
If you receive care from a provider not contracted with First Health, you may have to pay higher out-of-pocket costs at the time of service and will then need to submit a claim to receive your reimbursement.

Find a national provider online

Health Net is here to make finding a provider easy for you. With our ProviderSearch tool, you can find a doctor, hospital, urgent care center, or any provider in our national PPO network quickly.

Go to **www.healthnet.com** and follow these simple steps:

- click on *ProviderSearch – Find a doctor*;
- click *Search First Health*;
- choose a search method and enter the required information; then
- click *Go*.



Important: When visiting a provider, be sure to show your Health Net ID card (with the First Health logo) to identify yourself as a First Health member.

(continued)

Vicki Major
Health Net



In case of an emergency, go to the nearest emergency or urgent care facility, even if it is not a contracted Health Net provider.

Knowing when to use Health Net's national PPO provider network is key to ensuring you pay the lowest out-of-pocket costs possible. The chart below will help you decide which network to choose when obtaining regular services.¹

In-state employees

Within Oregon and Washington	Use the Health Net in-state PPO network (in-network tier)
Outside Oregon and Washington	Use the First Health provider network (in-network tier)
Through an out-of-network provider	Covered! (out-of-network tier)

Out-of-state employees

Within your home state	Use the First Health provider network (in-network tier)
Outside your home state	
Through an out-of-network provider	Covered! (out-of-network tier)

PPO members who have an emergency or urgent situation should go to the nearest emergency or urgent care facility as soon as possible, even if it is not a Health Net or First Health provider (in-network tier). You or a family member should contact Health Net as soon as possible.

¹Please refer to your *Evidence of Coverage* for exclusions and limitations.

Finding a pharmacy is easy

Our participating pharmacies include most major national chains, many regional chains and some local independents throughout the country. To find a participating pharmacy, go to www.healthnet.com/mypharmacy and then:

- Click on *Finding a pharmacy*.
- Click on *Continue* after reading the disclaimer. It will take you to the Pharmacy Locator.

Contact us

If you have questions or need further assistance finding a provider in our national PPO network, call Health Net's Customer Contact Center at the number located on the back of your ID card, Monday through Friday, 8:00 a.m. to 6:00 p.m. Pacific time.