



One Membership. Thousands of Ways to Stay Active and Save Money.

- **12,200+ Gyms**
- 9,700+ On-Demand Videos
- 1:1 Well-Being Coaching
- **Enroll Your Spouse**²

No annual fees or long-term contracts. Switch gyms anytime.





















Plus: 5,800+ Premium Gym Options at exercise studios, outdoor experiences, and others with 20% – 70% discounts at most locations³



Get Started: Register or log in at www.healthnetoregon.com to access the Active&Fit Direct™ website, found under the Member Wellness Center Tab.

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¹ Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

² Monthly fees are subject to applicable taxes.

³ Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.