



## Initiation and Engagement of Alcohol and Other Drug Treatment – *Tip Sheet*

Health Net Health Plan of Oregon, Inc. and Health Net Life Insurance Company (Health Net) want to help you improve your quality ratings for the treatment of alcohol and other drug use. This tip sheet highlights the Healthcare Effectiveness Data and Information Set (HEDIS<sup>®</sup>) specifications for the initiation and engagement of treatment (IET) of alcohol and other drug (AOD) treatment, common barriers to treatment and action steps to improve performance, including coding best practices.

### Did you know?

- **Abuse of alcohol, illicit and prescription drugs** contributes to the death of more than 90,000 Americans each year. Abuse of alcohol and illicit drugs totals more than \$700 billion annually in costs related to crime, lost work productivity and health care.<sup>1</sup>
- People with **mental health disorders** are more likely than people without mental health disorders to experience an alcohol or substance use disorder.<sup>2</sup>
- **Binge drinking** is now the leading form of alcohol abuse and more common among people over age 26 and among households with incomes of \$75,000 or more annually.<sup>3</sup>
- **Prescription drug** (opioid) abuse and deaths are now higher than cocaine and heroin combined.<sup>4</sup>
- In 2013, an estimated 22.7 million Americans (8.6 percent) needed treatment for a problem related to drugs or alcohol, **but only 2.5 million people (1 percent) received treatment.**<sup>5</sup>
- **Older adults** are now using and misusing alcohol at a higher rate than in previous years.<sup>3</sup>

### HEDIS Measures (Administrative):

### Lines of Business: Commercial and Medicare

**Description of measure:** The percentage of adolescent and adult members, ages 13 and older, who were diagnosed with a new episode of AOD and received the following.

1. An initiation treatment service **within 14 days of the diagnosis**, identified through an outpatient visit, intensive outpatient encounter, partial hospitalization, or AOD dependence inpatient admission.
2. Two or more additional treatments **within 30 days of the initiation visit.**

Members are identified through claims or encounters, using an AOD dependence diagnosis code from any provider (primary care physician (PCP), pediatrician, urgent care, emergency room, acute inpatient, partial hospitalization, and all specialties). Evidence of service is identified through claims or encounters that meet documentation requirements (see Coding recommendations on back side).

### Recommendations to improve performance

#### 1. Screen patients annually.

- Use a standard screening tool for all patients, including the young and elderly, at office visits to determine an AOD diagnosis. Regular screenings enable earlier identification and treatment for substance use disorders (SUD). Screening tools include:
  - Alcohol Use Disorders Identification Test (AUDIT)-C
  - CRAFFT (for adolescents)
  - Drug Abuse Screen Test (DAST)-10
  - National Institute on Drug Abuse (NIDA) Quick Screening Tool
  - All screenings are available at [www.integration.samhsa.gov/clinical-practice/screening-tools#drugs](http://www.integration.samhsa.gov/clinical-practice/screening-tools#drugs)

#### 2. Provide brief interventions and follow-up.

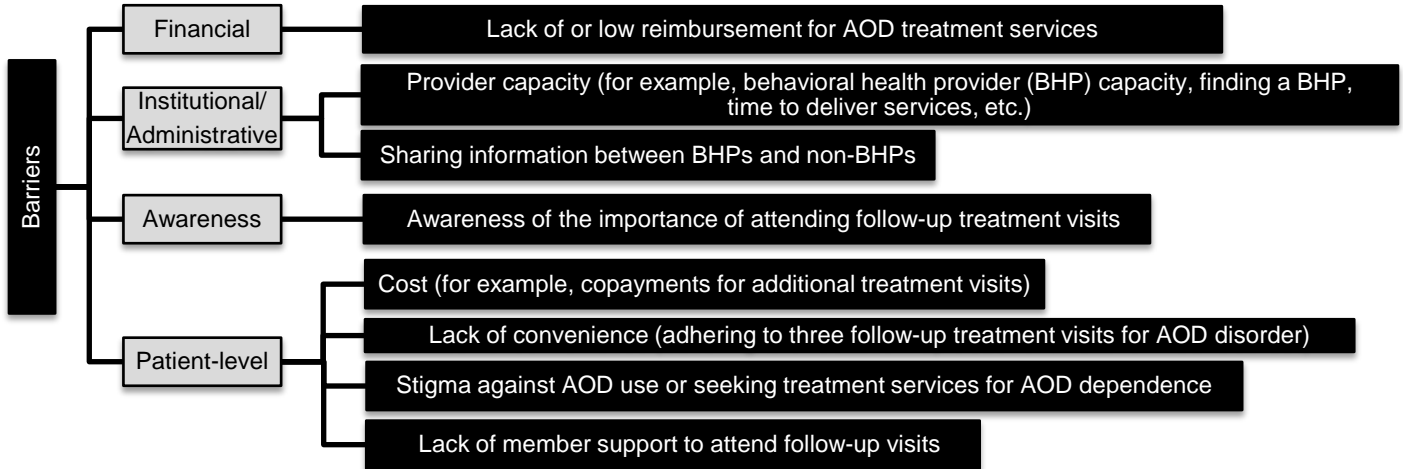
- Consider implementing screening, brief intervention, and referral to treatment (SBIRT) to screen, provide brief intervention, and encourage referral to brief therapy or additional treatment if needed. A PowerPoint presentation regarding SBIRT is available in the Quality Improvement Corner on the Health Net provider website at [provider.healthnet.com](http://provider.healthnet.com). Once logged in to the site, select *Working with Health Net > Quality > Quality Improvement Corner*. A link to the toolkit is available under Behavioral Health Resources for Health Net Providers.
- The *Alcohol or Other Drug Provider Toolkit* is also available in the Quality Improvement Corner under Behavioral Health Resources for Health Net Providers after logging in to the Health Net provider website.
- **Schedule a follow-up appointment within 14 days of diagnosis.**
- **Schedule two more visits within 30 days of the first follow-up.**

#### 3. Refer to behavioral health (MHN), when appropriate.

- When a patient has an AOD dependence diagnosis, consider immediate referral to a behavioral health provider (BHP) to start treatment within 14 days of diagnosis. If provider referral assistance is needed, contact the behavioral health telephone number on the back of the member's Health Net identification (ID) card.
- Encourage the member to sign the Coordination of Care form, available in the Quality Improvement Corner under Behavioral Health Resources for Health Net Providers after logging in to the Health Net provider website, to communicate with other providers who provide care to your member.
- Multiple engagement visits may occur on the same day, but must be with different providers to meet metric requirements.
- Inform the referring provider of the appropriate AOD dependence code to be used for all follow-up member visits to ensure visits are counted. The code for the corresponding AOD diagnosis should be on every claim for treatment services.

# Initiation and Engagement of Alcohol and Other Drug Treatment – Tip Sheet

## Common barriers



## Coding recommendations

The following code combinations relevant to your practice meet the criteria for the IET HEDIS<sup>®</sup> metric. This is not inclusive of all codes. The measure descriptions and codes are derived from the 2017 HEDIS Technical Specifications/Value Set Directory.

Code Combination	IET Procedure Codes		AOD Dependence Diagnosis (ICD-10 CM Codes)		
<b>Code Combination 1 (IET Standalone visits with AOD Dependence Diagnosis)</b>	IET Standalone Visits CPT: 98960-62, 99078, 99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99217, 99218, 99219, 99220, 99241, 99242, 99243, 99244, 99245, 99341, 99342, 99343, 99344, 99345, 99347, 99348, 99349, 99350, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99408, 99409, 99411, 99412, 99510  HCPCS: G0155, G0176, G0177, G0396, G0397, G0409-G0411, G0443, G0463, H0001, H0002, H0004, H0005, H0007, H0015, H0016, H0020, H0022, H0031, H0034, H0035, H0036, H0037, H0039, H0040, H2000, H2001, H2010-H2014, H2015-H2020, H2035, H2036, M0064, S0201, S9480, S9484, S9485, T1006, T1012, T1015		F10.10, F10.120, F10.121, F10.129, F10.14, F10.150, F10.151, F10.159, F10.180, F10.181, F10.182, F10.188, F10.19, F10.20, F10.220, F10.221, F10.229, F10.230, F10.231, F10.232, F10.239, F10.24, F10.250, F10.251, F10.259, F10.26, F10.27, F10.280, F10.281, F10.282, F10.288, F10.29, F10.920, F10.921, F10.929, F10.94, F10.950, F10.951, F10.959, F10.96, F10.97, F10.980, F10.981, F10.982, F10.988, F10.99, F11.10, F11.120, F11.121, F11.122, F11.129, F11.14, F11.150, F11.151, F11.159, F11.181, F11.182, F11.188, F11.19, F11.20, F11.220- F11.222, F11.229, F11.23, F11.24, F11.250, F11.251, F11.259, F11.281, F11.282, F11.288, F11.29, F11.90, F11.920, F11.921, F11.922, F11.929, F11.93, F11.94, F11.950, F11.951, F11.959, F11.981, F11.982, F11.988, F11.99, F12.10, F12.120, F12.121, F12.122, F12.129, F12.150, F12.151, F12.159, F12.180, F12.188, F12.19, F12.20, F12.220, F12.221, F12.222, F12.229, F12.250, F12.251, F12.259, F12.280, F12.288, F12.29, F12.90, F12.920- F12.922, F12.929, F12.950, F12.951, F12.959, F12.980, F12.988, F12.99, F13.10, F13.120, F13.121, F13.129, F13.14, F13.150, F13.151, F13.159, F13.180, F13.181, F13.182, F13.188, F13.19, F13.20, F13.220, F13.221, F13.229, F13.230, F13.231, F13.232, F13.239, F13.24, F13.250, F13.251, F13.259, F13.26, F13.27, F13.280, F13.281, F13.282, F13.288, F13.29, F13.90, F13.920, F13.921, F13.929, F13.930-F13.932, F13.939, F13.94, F13.950, F13.951, F13.959, F13.96, F13.97, F13.980, F13.981, F13.982, F13.988, F13.99, F14.10, F14.120, F14.121, F14.122, F14.129, F14.14, F14.150, F14.151, F14.159, F14.180, F14.181, F14.182, F14.188, F14.19, 14.20, F14.220, F14.221, F14.222, F14.229, F14.23, F14.24, F14.250, F14.251, F14.259, F14.280, F14.281, F14.282, F14.288, F14.29, F14.90, F14.920, F14.921, F14.922, F14.929, F14.94, F14.950, F14.951, F14.959, F14.980, F14.981, F14.982, F14.988, F14.99, F15.10, F15.120, F15.121, F15.122, F15.129, F15.14, F15.150, F15.151, F15.159, F15.180-F15.182, F15.188, F15.19, F15.20, F15.220, F15.221, F15.229, F15.23, F15.24, F15.250, F15.251, F15.259, F15.280- F15.282, F15.288, F15.29, F15.90, F15.920- F15.922, F15.929, F15.93, F15.94, F15.950, F15.951, F15.959, F15.980- F15.982, F15.988, F15.99, F16.10, F16.120- F16.122, F16.129, F16.14, F16.150, F16.151, F16.159, F16.180, F16.183, F16.188, F16.19, F16.20, F16.220, F16.221, F16.229, F16.24, F16.250, F16.251, F16.259, F16.280, F16.283, F16.288, F16.29, F16.90, F16.920, F16.921, F16.929, F16.94, F16.950, F16.951, F16.959, F16.980, F16.983, F16.988, F16.99, F18.10, F18.120, F18.121, F18.129, F18.14, F18.150, F18.151, F18.159, F18.17, F18.180, F18.188, F18.19, F18.20, F18.220, F18.221, F18.229, F18.24, F18.250, F18.251, F18.259, F18.27, F18.280, F18.288, F18.29, F18.90, F18.920, F18.921, F18.929, F18.94, F18.950, F18.951, F18.959, F18.97, F18.980, F18.988, F18.99, F19.10, F19.120, F19.121, F19.122, F19.129, F19.14, F19.150, F19.151, F19.159, F19.16, F19.17, F19.180, F19.181, F19.182, F19.188, F19.19, F19.20, F19.220, F19.221, F19.222, F19.229, F19.230, F19.231, F19.232, F19.239, F19.24, F19.250, F19.251, F19.259, F19.26, F19.27, F19.280, F19.281, F19.282, F19.288, F19.29, F19.90, F19.920, F19.921, F19.922, F19.929, F19.930, F19.931, F19.932, F19.939, F19.94, F19.950, F19.951, F19.959, F19.96, F19.97, F19.980- F19.982, F19.988, F19.99		
<b>Code Combination 2 (IET Visit Group 1 and POS Group 1, with AOD Dependence Diagnosis)</b>	IET Visits Group 1 CPT: 90791-2, 90832-4, 90836-40, 90845, 90847, 90849, 90853, 90875-6	and	IET POS Group 1 POS: 03, 05, 07, 09, 11-20, 22, 33, 49, 50, 52, 53, 57, 71-2	with	F15.14, F15.150, F15.151, F15.159, F15.180-F15.182, F15.188, F15.19, F15.20, F15.220, F15.221, F15.229, F15.23, F15.24, F15.250, F15.251, F15.259, F15.280- F15.282, F15.288, F15.29, F15.90, F15.920- F15.922, F15.929, F15.93, F15.94, F15.950, F15.951, F15.959, F15.980- F15.982, F15.988, F15.99, F16.10, F16.120- F16.122, F16.129, F16.14, F16.150, F16.151, F16.159, F16.180, F16.183, F16.188, F16.19, F16.20, F16.220, F16.221, F16.229, F16.24, F16.250, F16.251, F16.259, F16.280, F16.283, F16.288, F16.29, F16.90, F16.920, F16.921, F16.929, F16.94, F16.950, F16.951, F16.959, F16.980, F16.983, F16.988, F16.99, F18.10, F18.120, F18.121, F18.129, F18.14, F18.150, F18.151, F18.159, F18.17, F18.180, F18.188, F18.19, F18.20, F18.220, F18.221, F18.229, F18.24, F18.250, F18.251, F18.259, F18.27, F18.280, F18.288, F18.29, F18.90, F18.920, F18.921, F18.929, F18.94, F18.950, F18.951, F18.959, F18.97, F18.980, F18.988, F18.99, F19.10, F19.120, F19.121, F19.122, F19.129, F19.14, F19.150, F19.151, F19.159, F19.16, F19.17, F19.180, F19.181, F19.182, F19.188, F19.19, F19.20, F19.220, F19.221, F19.222, F19.229, F19.230, F19.231, F19.232, F19.239, F19.24, F19.250, F19.251, F19.259, F19.26, F19.27, F19.280, F19.281, F19.282, F19.288, F19.29, F19.90, F19.920, F19.921, F19.922, F19.929, F19.930, F19.931, F19.932, F19.939, F19.94, F19.950, F19.951, F19.959, F19.96, F19.97, F19.980- F19.982, F19.988, F19.99
<b>Code Combination 3 (IET Visit Group 2 and Point of Service (POS) Group 2, with AOD Dependence Diagnosis)</b>	IET Visits Group 2 CPT: 99221-3, 99231-3, 99238-9, 99251-5	and	IET POS Group 2 POS: 52, 53	with	F18.188, F18.19, F18.20, F18.220, F18.221, F18.229, F18.24, F18.250, F18.251, F18.259, F18.27, F18.280, F18.288, F18.29, F18.90, F18.920, F18.921, F18.929, F18.94, F18.950, F18.951, F18.959, F18.97, F18.980, F18.988, F18.99, F19.10, F19.120, F19.121, F19.122, F19.129, F19.14, F19.150, F19.151, F19.159, F19.16, F19.17, F19.180, F19.181, F19.182, F19.188, F19.19, F19.20, F19.220, F19.221, F19.222, F19.229, F19.230, F19.231, F19.232, F19.239, F19.24, F19.250, F19.251, F19.259, F19.26, F19.27, F19.280, F19.281, F19.282, F19.288, F19.29, F19.90, F19.920, F19.921, F19.922, F19.929, F19.930, F19.931, F19.932, F19.939, F19.94, F19.950, F19.951, F19.959, F19.96, F19.97, F19.980- F19.982, F19.988, F19.99

## References

- <sup>1</sup>National Institute on Drug Abuse. 2014. Drugs, Brains, and Behavior: The Science of Addiction. [www.drugabuse.gov/publications/science-addiction/introduction](http://www.drugabuse.gov/publications/science-addiction/introduction). June 19, 2014.
- <sup>2</sup>Substance Abuse and Mental Health Services Administration. Co-occurring Disorders. <http://www.samhsa.gov/disorders/co-occurring>. March 8, 2016.
- <sup>3</sup>Centers for Disease Control and Prevention. 2015. Fact Sheets – Binge Drinking. <http://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>. October 16, 2015.
- <sup>4</sup>National Institute on Drug Abuse. 2014. America's Addiction to Opioids: Heroin and Prescription Drug Abuse. <https://www.drugabuse.gov/about-nida/legislative-activities/testimony-to-congress/2016/americas-addiction-to-opioids-heroin-prescription-drug-abuse>. June 19, 2014.
- <sup>5</sup>National Institute on Drug Abuse. 2010. DrugFacts: Nationwide Trends. <https://www.drugabuse.gov/publications/drugfacts/nationwide-trends>. June 19, 2014.